

### <u>Sermon Notes – Steve Southards – 01/07/2024</u>

# Prayer is communing with God.

#### Hebrews 4:16

So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.

We lose sight of the privilege.

We are not sure prayer works.

God feels distant.

Self-reliant.

Too many competing distractions.

We feel unworthy.

Unsure how to pray.

#### Matthew 6:5

"When you pray, don't be like the hypocrites who love to pray publicly on street corners and in the synagogues where everyone can see them. I tell you the truth, that is all the reward they will ever get."

### Matthew 6:7

"When you pray, don't babble on and on as people of other religions do. They think their prayers are answered merely by repeating their words again and again."

## Pete Greig, How to Pray: A Simple Guide for Normal People

"The best bit of advice I ever received about how to pray was this: keep it simple, keep it real, keep it up."

# Matthew 6:9-13

Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one.

P. R. A. Y.

PausePause Rejoice Ask Yield

### **Eugene Peterson**

"Life's basic decision is rarely, if ever, whether to believe in God or not, but whether to worship or compete with him."

# Philippians 4:6

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.